

class!

by, for and about the high school students of Clark County



MARCH READING GUIDE



From page 13, 'Tracking chips in school uniforms' by Becki Capper, Las Vegas HS.

1. How small are the monitoring chips? _____
2. What is the name of this chip? _____
3. Name two purposes the chips serve. _____
4. What advice does Stephanie Todd give to parents? _____



Photo courtesy of the Associated Press

From page 31, Name the news briefs that go with the following sentences.

1. The Senate Bill that allows for more security on campuses and allows for more school police has been approved. _____
2. Participants in the Academy will have another opportunity to win a trip to the 2008 Paralympic Games in Beijing, China. _____
3. The teams were each given "\$500,000" to invest, with the goal of accumulating the most wealth by the end of the competition. _____



Photos courtesy of www.paralympics.com.

ON PAGE 22, "FEED YOUR BRAIN!" BY STEPHANIE ESPINOZA

1. Name four important nutrients that one should eat more of. _____
2. Name three healthy fats. _____
3. True or False? Crab contains Zinc. _____
4. Can one get calcium from tofu? _____
5. In Stephanie's recipe, what ingredients rich in protein are used? _____

PUT DOWN THAT ENERGY DRINK AND PICK UP THESE FOODS. THEY TASTE GOOD AND GIVE YOU ENERGY.

These foods are rich in complex carbohydrates, protein, antioxidants, fiber, vitamins, minerals and other health-promoting substances. Put them together along with small amounts of healthy fats for a balanced diet that is sure to provide you energy all day long.

Bananas
Blueberries
Beans
Spinach



Nuts
Tea
Soy
Whole grain
Sweet potatoes

RAISE YOUR VOICE

Finish the statement to the right and send it in to CLASS! so that your voice can be heard.

E-mail responses to classmag4u@yahoo.com

Send CLASS! your art, photographs, short stories, poems or graphics and they could get published in our magazine.



Match the word with the meaning.

- | | |
|----------------|-----------------|
| 1. Posh | A. Honor |
| 2. Obsolete | B. Obstruct |
| 3. Preliminary | C. Outlaw |
| 4. Filibuster | D. Hoodwink |
| 5. Epiphany | E. Fashionable |
| 6. Renegade | F. Disused |
| 7. Commemorate | G. Realization |
| 8. Bamboozle | H. Introductory |

From page 37, 'How to plan for the SAT' by Victoria Rossiteri, Basic HS.

1. What are the total possible points one can receive? _____
2. Name the three sections on the test. _____
3. Is this a timed test? _____
4. Name some good tips mentioned in the article about preparing for the SAT. _____

Practice tests can be found on SAT/ACT websites:
www.princetonreview.com, www.collegeboard.com,
www.act-sat-prep.com and www.tamingthesat.org.

Reader's Choice Reader's Choice Reader's Choice Reader's Choice Reader's Choice

Choose an article that you have not read yet. Write a 3-4 sentence summary on each article.

Headline: _____ Author: _____
Summary: _____

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